

## Training Worksheet

*A New Life in the New Reign*

*Romans 6:19–23*

### Training Truths

**Training Thought:** How can you experience the truly full life?

Make your life an \_\_\_\_\_  
Romans 6:19

by giving Him your \_\_\_\_\_  
Romans 6:20–21

and pursuing \_\_\_\_\_  
Romans 6:22–23

### Talking Points

Read Matthew 7:15–23. What does a new life committed to Christ look like? So is producing good fruit an offering for salvation or a product of salvation?

*“Take my life and let it be consecrated Lord to Thee. Take myself and I will be, ever, only, all for Thee.”* — Frances Havergal, Hymn, 1874

These are easier words to let your soul sing than to let your life live. Why is that? What is keeping us from committing all that we have, all that we are, all that we hope, to Christ?

What areas are you still willingly or unwillingly holding back from God? Maybe you’re not ready to give it up? Or you have been self-deceived into believing it is OK? Perhaps it is past a pain you cannot seem to let go of? Or, if you’re honest, maybe the father of lies has you hiding in your shame and trapped in your pride. We all need to be released spiritually, emotionally, and physically from such things. And we do this by bringing every square in of our lives to the throne of grace. Let’s make a commitment to live in His victory together!