

Training Worksheet

Give THANKS with a GRATEFUL Heart

Psalm 138:1–8

Training Truths

Training Thought: For what can you be grateful, no matter what?

Talking Points

Talking Point 1: Are people more or less thankful than they used to be?

Are YOU more or less thankful than you used to be?

Talking Point 2: Do you remember how you felt when you got saved by grace? Or maybe a season of unparalleled spiritual growth in Christ? What words would you use to describe it?

Talking Point 3: Do you sometimes feel forgotten by God? You're not alone. How can we encourage others against this most damning of the enemies lies?

D-Group Discussion Questions: *[Choose 1-3 questions from the Talking Points above or the questions below to help generate some God-centered discussion as you gather.]*

1. When you are in the lion's den, what do you pray? In light of that, why might God put you there?
2. God ordains your days. What does that mean? And what does it look like in your life?
3. God exalts the humble. Jesus is living (and dying) proof. So how do we grow in humility?
4. List everything you have to be thankful for— small and large. And share it.
5. Is God stingy? Are you?