

## Training Worksheet

### The Kingdom of Heaven: How's Your Heart?

*Matthew 13:1–23*

#### Training Truths

**Training Thought: We all have a heart condition. What's it take to get yours in shape?**

#### Talking Points

**Talking Point 1:** How do you know the condition of your heart?

**Talking Point 2:** Let's spend this time talking to God in prayer by praying through Ephesians 1:15–23.

**Talking Point 3:** Time for a heart-check by our cardiologist the Holy Spirit. Here's His EKG. Which describes you more, Galatians 5:19–21 or Galatians 5:22–23?

**D-Group Discussion Questions:** *[Choose 1-3 questions from the Talking Points above or the questions below to help generate some God-centered discussion as you gather.]*

1. Does your desire to share the gospel get diminished because you don't think people will receive the gospel? What is a more biblical way to think through this?
2. Biblical faith is trusting and believe God at His Word. So how's your faith?
3. The gospel is foolish to the perishing. But you were a fool once. So how should that motivate you to be on mission?
4. How's your heart health? Here's a great EKG– the deeds of the flesh or the fruit of the Spirit– which describes you most?
5. Do trials, struggles, discouragement push you further from, or bring you closer to, Christ?
6. Fruit matters. We can only produce fruit in abiding with Jesus. So how is your connection?
7. How does the existence of evil strengthen (or weaken) your faith in God?